

Romans 7:15-25

New Revised Standard Version Updated Edition

¹⁵ I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good. ¹⁷ But in fact it is no longer I who do it but sin that dwells within me. ¹⁸ For I know that the good does not dwell within me, that is, in my flesh. For the desire to do the good lies close at hand, but not the ability. ¹⁹ For I do not do the good I want, but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is no longer I who do it but sin that dwells within me.

²¹ So I find it to be a law that, when I want to do what is good, evil lies close at hand. ²² For I delight in the law of God in my inmost self, ²³ but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴ Wretched person that I am! Who will rescue me from this body of death? ²⁵ Thanks be to God ^[a] through Jesus Christ our Lord!

So then, with my mind I am enslaved to the law of God, but with my flesh I am enslaved to the law of sin.

This is the Word of God for the people of God. Thanks be to God. Amen.