

Ephesians 4:25-32

New Revised Standard Version Updated Edition **Rules for the New Life**

²⁵ So then, putting away falsehood, let each of you speak the truth with your neighbor, for we are members of one another. ²⁶ Be angry but do not sin;^[a] do not let the sun go down on your anger, ²⁷ and do not make room for the devil. ²⁸ Those who steal must give up stealing; rather, let them labor, doing good work with their own hands, so as to have something to share with the needy. ²⁹ Let no evil talk come out of your mouths but only what is good for building up,^[b] as there is need, so that your words may give grace to those who hear. ³⁰ And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹ Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice. ³² Be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.^[c]

This is the Word of God for the people of God. Thanks be to God. Amen