

# VBS JULY BREAKFAST MENU

Monday

15

Frosted Mini Wheats  
Honey Graham Cracker  
Strawberry Banana Apple Sauce

22

Honey Cheerios  
Honey Graham Cracker  
Apple sauce

29

Frosted Mini Wheats  
Honey Graham Cracker  
Strawberry Banana Apple Sauce

**OFFERED DAILY**

MILK= 1% Low Fat  
Fat Free/Fat Free Chocolate Milk

Tuesday

16

Blueberry Breakfast Bread  
Cheddar Cheese Sticks  
Seasonal Fresh Fruit

23

Apple Cinnamon Breakfast  
Bread  
Colby Cheese Stick  
Seasonal Fresh Fruit

30

Blueberry Breakfast Bread  
Cheddar Cheese Sticks  
Seasonal Fresh Fruit

Wednesday

17

Cinnamon Burst Pancakes  
Seasonal Fresh Fruit

24

Multigrain Oats  
Honey Graham Cracker  
Applesauce

31

Cinnamon Burst Pancakes  
Seasonal Fresh Fruit

Thursday

18

Zucchini Carrot Breakfast  
Bread  
Seasonal Fresh Fruit

25

Whole Grain Croissant  
Mozzarella Cheese Sticks  
Seasonal Fresh Fruit

Friday

19

Whole Grain NY Bagel  
with Cream Cheese &  
Jelly  
Seasonal Fresh Fruit

26

Whole Grain NY Bagel  
with Cream Cheese &  
Jelly  
Seasonal Fresh Fruit

**Seasonal Fresh Fruits**

Apples, Apple Slices, Blueberries, Cantaloupe, Grapefruit, Grapes  
Honeydew, Nectarines, Oranges, Peaches, Bananas, Watermelon  
and Strawberries

